



Cultivating Community: Adult Programs Summer 2017

Newton Community Farm - 303 Nahanton St - Newton - MA 02459

Welcome!! Registration is now open for our full range of programs geared specifically for adults. (*Preregistration is required*)

A unique oasis on the edge of the city, Newton Community Farm offers fresh, wholesome produce and so much more. A community united by gardening, cooking, the arts and our history, join us this summer and you too will be captivated.

Art of Beekeeping

The Middlesex County Beekeepers' Association will hold their May meeting at the Newton Community Farm on Saturday, May 27 from 2-4 pm. The Middlesex County Beekeepers' Association (MCBA) is an organization of more than 250 beekeepers throughout Middlesex County, including Newton. MCBA supports local beekeepers and play an important role in educating the public about beekeeping. Members of the NCF and Newton communities are welcome to attend. Hive opening weather permitting.

Dates and time: Saturday May 27th 2:00 - 4:00pm

Fee: This is a free event.

Location: Newton Community Farm (Barn)

Visit a Neighbors Garden

Avid gardeners Sam and Margaret Fogel open their bountiful fruit and vegetable garden to the community. Enjoy an informal stroll, ask questions, and share stories, tips, and gardening knowledge. Additional dates in August and October allow you to observe the garden as it transitions through the seasons.

Dates and time: Tuesday June 13th, Open House Hours 4:00 – 6:00pm. Light refreshments

Fee: This is a free event.

Location: Address will be provided after registration

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Supper Club

Get together with friends and make new ones during an informal and intimate potluck supper celebrating the growing season and the farm's bounty.

With seasonal main courses provided by the hosts each participant will be asked to round out the meal with whatever vegetable or herb is fresh from the garden that week. The evening will include recipe sharing, mingling and, weather permitting, a garden tour of the host's flower garden.

Dates and time: Tuesday June 20th, 6:30 – 8:30pm

Fee: This is a free event.

Hosts: Sheryl Boris-Schechter and Elsa Lawrence

Location: Address will be provided after registration.

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Yoga in the Barn

Join us as we team up with Newton Center Yoga for an evening practice. We will begin by warming the outer layers of your body with a slow vinyasa flow and will end with an extended savasana. Before leaving your mat, you will be guided through a gentle meditation. Bringing balance to your body and your mind, you are sure to leave with a deep sense of relaxation. This class is appropriate for students of all levels. Bring your mat, water and dress in comfortable clothing.

Dates and time: Tuesday June 20th, June 27th, July 18th and July 25th, 7:00 – 8:15pm

Fee: Friends of the Farm \$15 per class OR \$50 for 4 class pass, General Public \$20 per class or \$70

Instructor: Heather Martin of Newton Center Yoga

Location: Newton Community Farm

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Newton Community Farm

Summer Community Book Read

Be a part of our first community read in partnership with Newton Free Library, which includes titles for adult, teens and preschool age friends.

Visit our website for book selections and look out for related activities this fall. Share a photo of you and your book: on the beach, in the car, on a plane, in a tent.

The Glorious Tomato

Nothing says summer better than a fresh tomato straight from the vine. In this 90-minute workshop, you'll have the opportunity to observe and participate in the creation of both simple preparations showcasing the fresh essence of summer tomatoes, as well as more elaborate recipes that will help you use up your surplus bounty. Attendees will sample all dishes, receive printed recipes and learn the definitive answer to the age-old question, "Is refrigerating tomatoes really that terrible?"

Dates and time: Wednesday August 9th, 6:30 – 8:00pm

Fee: Friends of the Farm \$20, General Public \$25

Instructor: Jon Orren

Location: Newton Community Farm

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Newton Watercolor Society

Join the Newton Watercolor Society for an outdoor 'plein air' painting, picnic lunch, and gentle critiques for those who would like them.

Dates and time: Sunday August 13th, 10:00 – 1:00pm

Fee: This is a free event open to the public

Location: Newton Community Farm (Barn)

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The Art of The Pickle

Homemade pickles are a simple and fun way to guarantee that you can enjoy your cucumbers long after the last harvest. Join us in the barn kitchen to learn several different styles of pickle-making including half-sours, old-world lacto-fermented pickles, and bread and butter pickles. Recipes provided.

Dates and time: Sunday August 20th 4:00 – 5:30pm

Fee: Friends of the Farm \$20, General Public \$25

Instructor: Dan Bensenoff

Location: Newton Community Farm

[REGISTER](#)

And there is more.....

Get involved with our Community Cookbook, and check back for information on upcoming gardening events as well as an evening with Peter Volante, exploring the history of local farming.

Questions?

education@newtoncommunityfarm.org

Email